

Heart Failure Programme

Programme Overview:

Our CPD-accredited Heart Failure Programme is designed specifically for primary care nurses and allied professionals involved in the identification, optimisation and long-term management of patients with heart failure.

Delivered across two structured modules, the programme provides a clinically grounded, evidence-based approach to recognising heart failure, interpreting investigations and optimising treatment safely in primary care.

The programme reflects the increasing complexity of heart failure management — including co-morbid respiratory disease, diabetes and chronic kidney disease — and supports clinicians to deliver integrated, risk-based care aligned with current national guidance.

Educational Framework:

The programme follows a consistent, structured pathway:

- Normal cardiac structure and function.
- Disease aetiology and pathophysiology.
- Clinical presentation and diagnosis.
- Assessment and risk stratification.
- Management and optimisation.

This framework ensures a strong physiological foundation before progressing to confident clinical decision-making and treatment optimisation.

Programme Aim:

To develop the knowledge, clinical reasoning and confidence required to recognise, diagnose and optimise the management of heart failure safely and effectively in primary care.

Learning Objectives:

By the end of the programme, participants will be able to:

- Recognise and diagnose heart failure appropriately, including interpretation of clinical features, natriuretic peptides and echocardiography findings.
- Undertake structured assessment and risk stratification, identifying co-morbidities and factors influencing prognosis in primary care.
- Optimise pharmacological and non-pharmacological management, applying current national guidance to improve symptoms, reduce hospital admissions and support long-term outcomes.

Programme Structure:

Delivered across two structured modules, combining live teaching with in-depth eLearning.

All modules are CPD-accredited, with certification provided on completion.