

COPD Programme

Programme Overview:

Our COPD Programme is a structured, CPD-accredited course designed specifically for primary care clinicians managing patients with suspected or established chronic obstructive pulmonary disease.

Delivered through structured live teaching and in-depth eLearning, the programme builds knowledge progressively — from accurate diagnosis through to long-term optimisation and exacerbation prevention.

The course reflects current NICE and GOLD guidance and focuses on practical, real-world decision-making in primary care.

Educational Framework:

This programme follows a consistent evidence-based pathway:

- Normal structure and function.
- Disease aetiology and pathophysiology.
- Clinical presentation and diagnosis.
- Assessment and risk stratification.
- Management and optimisation.

This structured approach supports deep clinical understanding rather than protocol-driven learning alone.

Programme Aim:

To develop clinical confidence and competence in the accurate diagnosis, assessment, risk stratification and evidence-based management of COPD in primary care.

Learning Objectives:

By the end of the programme, participants will be able to:

- Describe normal respiratory structure and function and explain the pathophysiological processes underlying COPD, including emphysema and chronic bronchitis.
- Diagnose COPD accurately using high-quality spirometry, symptom assessment and differential diagnosis — distinguishing COPD from asthma and other causes of breathlessness.
- Assess disease severity and future risk, including exacerbation history, symptom burden, co-morbidities and frailty.
- Optimise pharmacological management in line with current NICE and GOLD guidance, including inhaled therapy selection, escalation, de-escalation and inhaler technique assessment.
- Implement non-pharmacological strategies including smoking cessation support, pulmonary rehabilitation referral, vaccination, self-management planning and exacerbation prevention.

Respiratory Education for Primary Care

Programme Structure:

Delivered across structured modules, combining:

- Live interactive teaching.
- Case-based discussion.
- Practical spirometry interpretation.
- In-depth eLearning modules.
- CPD-accredited certification on completion.