

Chronic Kidney Disease Programme

Programme Overview:

Our CPD-accredited Chronic Kidney Disease Programme is designed specifically for primary care nurses and allied professionals responsible for identifying, staging and managing CKD within the context of multi-morbidity.

Delivered across two structured modules, the programme provides a clear, clinically grounded understanding of renal physiology, disease progression and risk-based management in primary care.

Recognising that CKD frequently co-exists with cardiovascular disease, type 2 diabetes and respiratory conditions, this programme supports integrated, guideline-aligned care that reduces long-term risk and prevents avoidable progression.

Educational Framework:

The programme follows a consistent, structured pathway:

- Normal renal structure and function.
- Disease aetiology and pathophysiology.
- Clinical presentation and diagnosis.
- Assessment and risk stratification.
- Management and optimisation.

This framework ensures clinicians develop a solid understanding of renal physiology before progressing to confident interpretation, staging and management.

Programme Aim:

To strengthen the knowledge, clinical reasoning and confidence required to identify, stage and manage chronic kidney disease safely and effectively in primary care.

Learning Objectives:

By the end of the programme, participants will be able to:

- Recognise Accurately identify and stage CKD, interpreting eGFR, creatinine and albuminuria results in line with current national guidance.
- Undertake structured assessment and risk stratification, recognising complications, cardio-renal risk and indications for referral.
- Implement evidence-based management strategies, including blood pressure optimisation, glycaemic control considerations, medication review and renal protection.

Programme Structure:

Delivered across two structured modules, combining live teaching with in-depth eLearning.

All modules are CPD-accredited, with certification provided on completion.